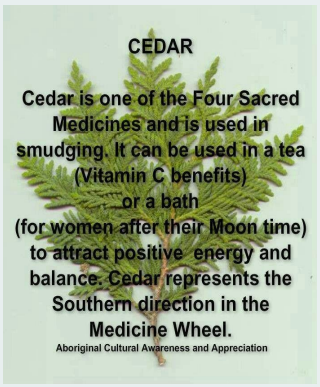
# District #58 First Nations Support Worker Newsletter

**WELCOME BACK**

**"Go for the moon. If you don't get it, you'll still be heading for a star. Happiness lies not in the mere possession of money; it lies in the joy of achievement, in the thrill of the creative effort." --**

## FNSW DEC. 2017 Craft

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COLLETTVILLE

DIAMOND VALE

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NICOLA CANFORD

SCIDES

KENGARD LEARNING CENTRE

JOHN ALLISON

Winter months Story Telling

## MC FNSW SHOWS GR. 6/7 STUDENTS STEPS IN BEADING.

*The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime. — Babe Ruth*

## DATES TO REMEMBER

Jan. 1 New Years Day

Jan. 8 Schools reopen

Jan. 9 Staff meeting

Jan. 15 Martin Luther King Jr. Day

Jan. 18 Culture Camp @ House of Honor

Jan. 26 FN Student Drumming @ MSS

Jan. 29 FNSW Meeting

Jan. 29 UNIB Community Update

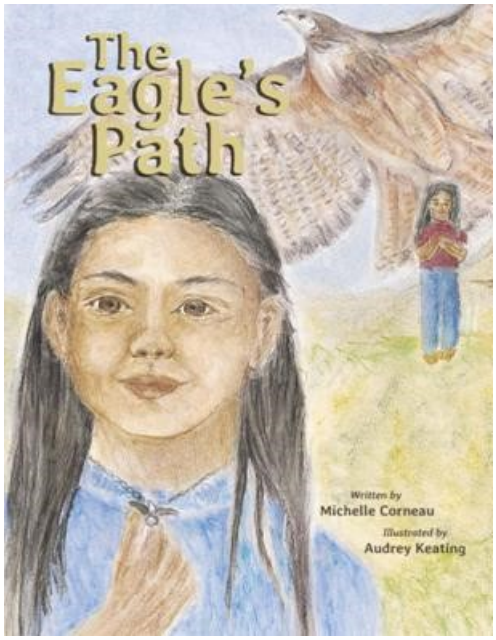
Feb. 12 Family Day

Feb. 15 Youth Leadership Conf. 9—3
Civic Centre

Feb. 23 Non Instructional Day

This book is available through

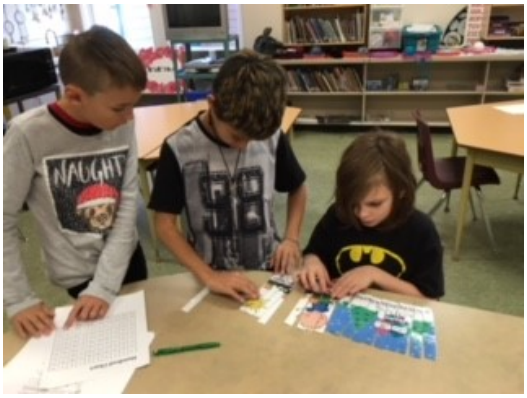
Strong Nations Publishing Inc.




Anna explores what it means to be Mohawk, her own identity and the identity of others as she learns to follow the Eagle's path. She learns how her culture has taught many generations to value honesty, wisdom and courage in their day-to-day lives. Anna also learns about two-spirit people when her best friend tells her that she likes other girls. This revelation leaves her full of questions, and with support from her wise and loving mother, she understands the value in accepting everyone for who they are. A powerful story to share with children of all ages.

One to one support

Group Support



Group Support: Students use puzzle to count by 2's

I learn from my challenges and can always find ways to overcome *them*.

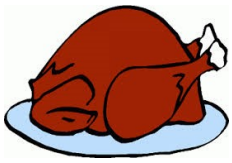
CULTURE

STUDENTS LEARNING TO DRUM WITH TRENT ABRAHAM

Grade 7's learn how to make a Lenard

Tyrone getting his plate of Turkey with all the fixings....

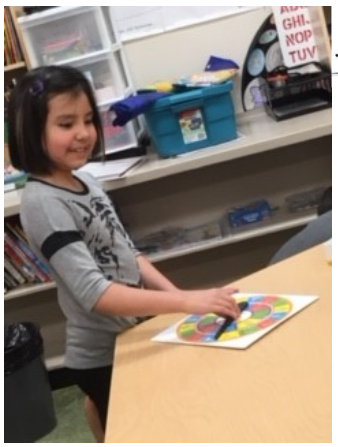
"K" students all smiles and Mr. Slanzi is MC elf for the FN Turkey Lunch 2017



Merritt Central 2017 FN Turkey lunch

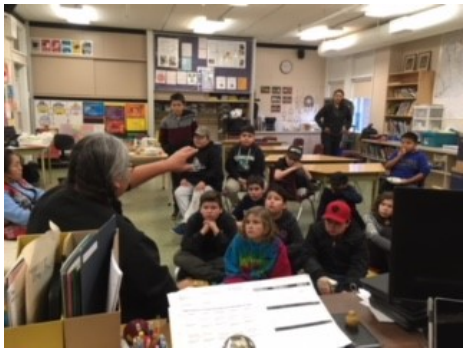
## MC STUDENTS RELAXING IN THE FNSW WELCOME

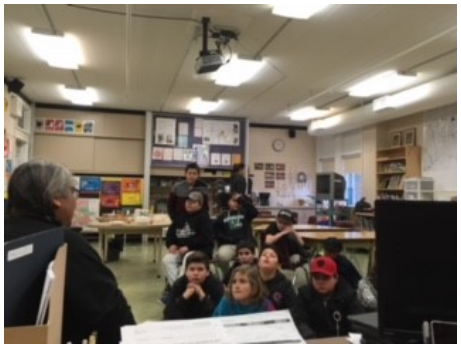
"Don't let what you can't do stop you from doing what you can do." – John Wooden



## CULTURAL STORY BY WILLARD WALLACE

Ava spinning & spinning directions for the Hoopa Twister game





WINTER SOLSTICE ROUND DANCE

# Nicola Canford Elementary

FNSW NEWSLETTER JANUARY 2018

# Winter Solstice Dance

On December 21st the shortest day of the year before the sun begins to stay out a few seconds longer, the students at Nicola Canford had a Celebration.

The week prior, Stephanie Lindley came to the school and taught us how to do round dance. She also instructed the students on polite behavior during this event and the proper protocols.

The entire body of students and teachers bundled up in their winter jackets and boots met in the field behind the school.

Yes, in the snow we gathered in a large circle and joined hands and proceeded to do the round dance.

We danced to songs provided by Hank Yamelst, Ken Yamelst and Ranger Oppenheim.

In the cold we showed our unity as a school in celebration of the Winter Solstice.

When we were done, we all went into the gymnasium and shared bannock and Indian tea to warm up.

The bannock was made by Pearl West and her assistants, her granddaughters, who were already on winter break from another school district.

We had a few visitors from the surrounding communities as well.

## Shaking hands

Stephanie Lindley has been instrumental in assisting our students and staff on how to do the round dance, how to behave during an event in the community. We enjoyed our celebration held on December 21, 2017 outside our school.

## Nicola Canford Pow Wow Drum

We have our very own pow wow drum made by Hank and Ken Yamelst.

## BEAVER STORY

Elder Leonard Antoine came to the library and told his story of the beaver and sang the song. As each division came in from the youngest to the oldest, the story was added to, this enhanced the teaching of the story and what each class would learn and leave with.

Leonard had a song that he taught the students, he said when you hear this funny noise in your head, it is the song, it's meant to be sung and for the song to be heard and shared.

Paul is another Resource used as a hand drummer.

Paul is sharing a song with Ms. Amy Joe and the Kindergarten class

7 Character teachings, this month it is the Eagle.

EAGLE – LOVE, COMPASSION, HONOUR

- Love all people and all creatures and love will be returned to you.
- Express love to your family, friends and community through actions and words
- Love and take care of yourself
- "We give people what they need not what they deserve."

They also learned that the worms like to eat vegetables, fruit, banana peels, coffee or tea grinds and crushed egg shells to help then digest their intake.

The worms will reproduce and eventually another class room will have a bin of worms. As the compost is produced it will be deposited in the school garden in the back.

The worms have been relocated to Mr. Cleaveley's classroom. This is a great Greens project for the students to work on.

## Practicing Lahal

Grade 6 students were learning the game lahal for the tournament held at Diamondvale on November 9th.

## Worms used for composting

Students learn about the usefulness of worms and how to take care of them.

On December 6th, Sharon Antoine came to Nicola Canford to show 2 of Mrs. Van Rossums Science classes Grade 2/3

and ¾ about worm composting.

Sharon brought the worms in a plastic bin that had screened in cutouts on the sides.

The students learned a lot about the worms, their preference to moisture, which they receive from the damp shredded paper on top of them, which is the duty of a few students to check it daily.

Paul drumming with Ms. McIvors class and their buddy group

# PRINCETON SECONDARY
# FIRST NATION NEWSLETTER
## Winter2017

**Dates to Remember:**

Jan.26– 3rd Annual Student Hand Drumming Event

Jan. 29– First day of new semester

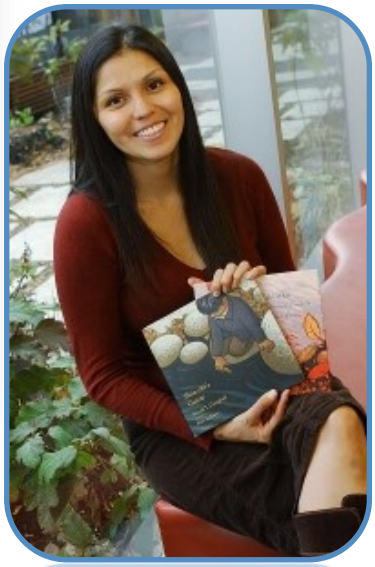
Jan.30– Aboriginal Students to TRU

Jan. 30– NVIT visits PSS @ lunch for an information session.

Feb. 8– Author Nicola Campbell Visits PSS 1pm

Feb. 12– Family Day (no school)

Feb. 19– Louis Riel Day



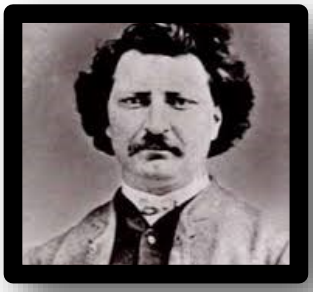
## Author Nicola I. Campbell visits PSS February 8th 2018t 1:00pm

*"Named after her home, British Columbia's Nicola Valley, children's book author Nicola Campbell is Interior Salish on her mother's side and Métis from Saskatchewan on her father's side. Nicola currently lives in North Vancouver, B.C. with her son. She is completing a Master of Fine Arts in Creative Writing at the University of British Columbia.*

*Shin-chi's Canoe is Nicola's second free-verse picture book and was released in fall 2008 by Groundwood Books. It received the 2009 TD Canadian Children's Literature Award and was a finalist for the 2009 Marilyn Baillie Picture Book Award and a 2008 Governor General's Award for illustration. Shin-chi's Canoe is the sequel to Shi-shi-etko.*

*Her first free-verse children's book, Shi-shi-etko, was published in September 2005 by Groundwood Books. It was a finalist for the 2006 Ruth Schwartz Children's Book Award, the 2006 TD Canadian Children's Literature Award and the 2006 Marilyn Baillie Picture Book Award and was the co-winner of the 2006 Anskohk Aboriginal Children's Book of the Year Award."* strongnations.com

Celebrate Metis



## Louis Riel Day

Feb.19 (MB, Sask, Alta, Ont.)
Nov. 16 (BC)

### *Why Remember Louis Riel?*

Louis Riel is recognized as an advocate of justice for the Métis people, but he represents much more. He helped lay the framework for minority rights and cultural co-operation, and is regarded as a founder of Manitoba. It is very important to remember Louis Riel's contribution to Canada and specifically to recall that he was executed for being a persistent advocate for the rights of his people.

**A 2015 PSS Graduate, *Bree Lindley,* makes our community proud as a TRU Woman in Trades**

## *School District 58 Aboriginal Education Website*

### *sd58.bc.ca*

*The school district website is a very handy tool to keep in-tune with what is happening in our school and within the district. The Aboriginal Education tab is invaluable containing information regarding local First Nation events, activities and initiatives in addition to cultural information, education and resources. Our team has been updating the website and we encourage everyone to check it out!*

## FNSW's Schedule

Monday 10:00-4:00

Tuesday, Wednesday, Thursday11:00-4:00

Tuesday afternoons at The Bridge

Friday 11:00-3:00

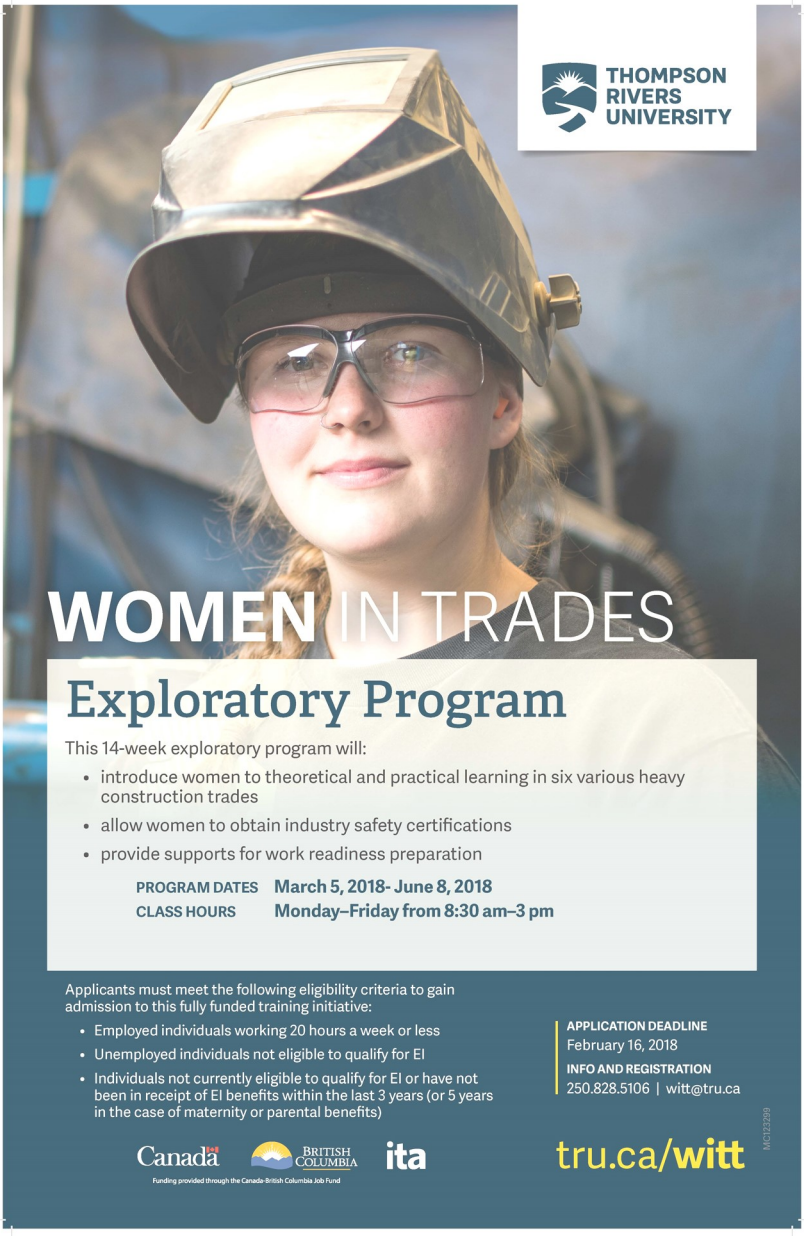
Homework club 3:05-4:00 Monday-Thursday

**ONGOING SERVICES**

Cultural events in the Nicola/Similkameen area
Homework Club (all welcome!) Mon-Thurs. 3:05-4:00pm
Lunch- FNSW Room open to eat, hang out and work on Arts and Crafts
Academic Support available in class and in FNSW room
Tutoring (requests encouraged, funding available for students with Aboriginal ancecstry)
Social/Emotional Support
Connecting with students, parents/caregivers, teachers, counselors, Local Band Members and District FNSWs
Post -Secondary Resources/ First Nation Bursary and Scholarship Applications
First Nations Book Sign-out
Field Trips and workshops
Status Application Support

*Those students of First Nations descent who have not yet informed the school and would like have access to the Programs and Services are encouraged to contact the office.*

PSS FNSW Renee Hartwell- 250-295-3218, rhartwell@365.sd58.bc.ca




## January 30th PSS Aboriginal Students to Tour TRU

Three Rivers University In Kamloops BC has been primary choice of many PSS graduates considering their stellar reputation and variety of programs available. This is a great opportunity for our students to visit and tour the campus.

*"University of Choice for Aboriginal Students With 10 percent—roughly 1,000 Aboriginal students on campus—it is clear that TRU is the University of Choice for aboriginal students. Whether upgrading high school courses, or completing a trades or degree program, we focus on student strengths and offer a variety of services to help students succeed in their chosen program. It is our aim to include Aboriginal culture, history and knowledge in curricula, research and classroom activities."*

***Visit tru.caaboriginal education for more information.***

# VERMILION FORKS & JOHN ALLISON ELEMENTARY

***by Barbara Parker***

Happy New Year Everyone!!

VFE and JAE both put on a Christmas concert to close the year 2017. Elder Oly has been in various classrooms weekly, teaching the students drumming and singing. Mr. Brum's class opened the Christmas concert with the Welcome song. Ms. Anderson's Kindergarten class did a Bear lesson and at the end of the unit the students listened to Elder Oly tell a story of how "Bear got his short tail". The students ate bannock, smoked and candied salmon, dried elk and deer meat. The children loved the treats so much that they kept asking for more!!

Story Telling & Drumming

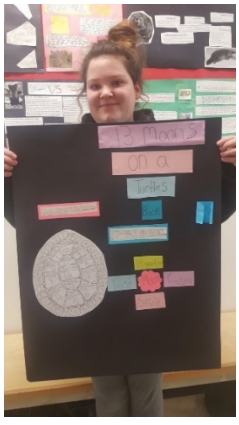
Elders Oly and Willard

Classroom Connections

Beadwork – Lesson on Patterns

Ms. Caron – Spetsin & Rope

Thirteen Moons on a Turtle's Back Project



Preparing for Drumming Celebration

# COLLETTVILLE ELEMENTARY SCHOOL

## UPCOMING EVENTS

Feb. 5-9th Carnaval Week please see school calendar for info.

## Weekly First Nations Activities

Tuesdays – Powwow Dancing practice in the gym with Stephanie Lindley-Tommy

Thursdays – Hand Drumming in the library with Willard Wallace

**Newsletters:** We will be making newsletters available online on our website. Should you want a paper copy sent home please inform Mrs. Robinson, or use the link below.

Website: http://cves.sd58.bc.ca/wordpress/

**Lunches:** Please eliminate nuts and nut products from lunches. We have several students with allergies. Also, please consider the ease of assembly or preparation of lunches provided as there is limited support available.

**PAC meeting**: February 20th 6:00pm in the library

**FNSW contact:** Crystal McMaster cmcmaster@365.sd58.bc.ca

## Connections

**Principal:** M. René Aubin
**Secretary:** Mrs. Joan Robinson
**Phone:** 250-378-2230
**Fax:** 250-378-4498

## Bell Schedule

**First Bell:** 8:50 a.m.
**Recess:** 10:40-10:55 a.m.
**Lunch:** 11:55-12:55 p.m.
**School ends:** 2:55 p.m.

# Mois de février / February 2018

****NO FOOD SUBSTITUTIONS ON HOT LUNCH DAY****

- **Please read the menu CAREFULLY WITH YOUR CHILD to make sure that they WILL EAT what is being served for the hot lunch day.**
- **You may purchase as much or as little as your child would like. Just tally the total and send money and form back to the school. Keep this calendar for your reference. NO CREDIT. All purchases must be prepaid or paid in cash /cheque.**

| Sun. | Monday / Lundi | Tuesday / Mardi | Wednesday / Mercredi | Thursday / Juedi | Friday / Vendredi | Sat. |
|---|---|---|---|---|---|---|
| 28 | 29 | 30 | 31 | 1 | 2<br><br>Grilled Cheese & Veggies<br>@ $ 3.00 ea. | 3 |
| C<br>A<br>R<br>N<br>A<br>V<br>A<br>L<br>W<br>E<br>E<br>K | 05<br><br>Skating - 9:05 a.m.<br>Div 3 Cote<br>Div 5 Pinder<br>SHULUS ARENA<br><br>Opening Assembly & selection of Knucks<br>1:00 p.m. – GYM<br><br>Chicken Noodle Soup / Crackers @ $ 3.00 | 06<br><br>Skating - 9:05 a.m.<br>Div 4 Penta<br>Div 6 Sember<br>SHULUS ARENA<br><br>Sledding – 12:45 p.m.<br>Div 1 Anscomb<br>Div 2 Benstead<br>Div 3 Cote | 07<br><br>Skating - 9:05 a.m.<br>Div 2 Benstead<br>Div 8 Crepet<br>SHULUS ARENA<br><br>Sledding – 12:45 pm Div 4 Penta<br>Div 5 Pinder<br>Div 6 Sember<br><br>Roast Beef Sandwich<br><br>@ $ 3.00 | 08<br><br>Pancake Luncheon<br>Starting at 11:00 a.m.<br>Please see list for class eating times (all times are approximate)<br><br>Sledding – 12:45 pm<br>Div 7 Remplet<br>Div 8 Crepet | 09<br><br>Skating – 9:05 a.m.<br>Div 1 Anscomb<br>Div 7 Remplet<br>SHULUS ARENA<br><br>Tacot Races – Gr. 1,3,5 & 7<br>1:00 p.m. GYM<br><br>Nachos & Veggies<br><br>@ $ 3.00 | 10 |
| 11 | 12 BC FAMILY DAY<br><br> <br><br><br> <br> | 13 | 14<br><br>French Toast / Fruit<br>@ $4.00<br><br> | 15 | 16<br><br>Hot Dog / Veggies<br>@ $ 3.00 | 17 |

| | | | | | | |
|---|---|---|---|---|---|---|
| 18 | 19<br>Potato Bacon Soup / Bun<br>@ $ 3.00 | 20 | 21<br>Chicken Caesar Wrap<br>@ $ 3.00 | 22 | 23<br>Pro-D Day<br> | 24 |
| 25 | 26<br>Cream of Mushroom Soup / Crackers<br>@ $ 3.00 | 27 | 28<br>Mexican Chicken / Rice<br>@ $ 4.50 | 1 | 2<br>Ham/Egg McMuffin<br>@ $ 3.00 | 3 |

We are part of the ***5% Bounce Back Program at Boston Pizza***, so please continue to mark Collettville School on the back of your Boston Pizza receipts! Check out our Facebook link: http://www.facebook.com/pages/School-District-58-Collettville-Elementary-School/216708278423522

Pictograph Rock Art with Mme. Penta's grade 3 class

Collettville students dancing at the District Hand Drumming Celebration

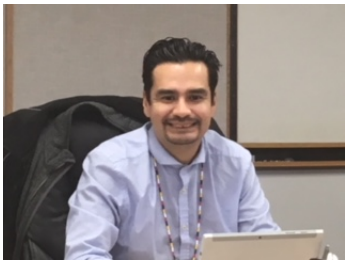
Students enjoyed a pizza lunch

Group photo including staff, parents and students

District Principal of Aboriginal Education

Shelley Oppenheim-Lacerte

(W) 250 – 315 – 1111 so-lacerte@365.sd58.bc.ca



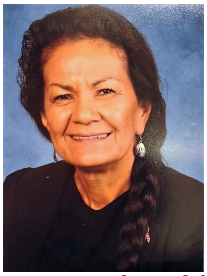
Gerome Garcia MSS

Merritt Secondary School:

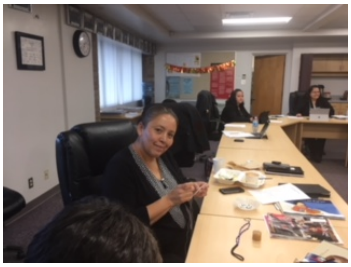
250 – 378 - 5131

Cheryl Rule &
Dawn Williams

Keith Jager MSS



Yvonne Joe NC
250-378-2172



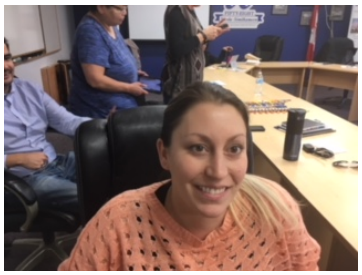
Christine Anderson
250-378-2514

KLC/ Bench

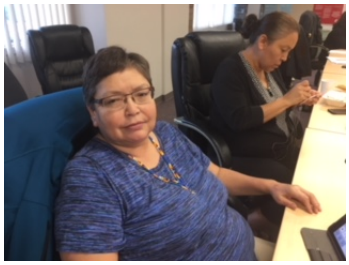
Elementary Leona

Dumont

25--378-2157



Renee Hartwell PSS
250-295-3218



Martha Chillihitzia
Merritt Central
250-378-9931

Greta Brown
Merritt Central
250-378-9931

Collettville School

Crystal McMaster
250-378-2230

Barb Parker
John Allison
250-295-6727
VermillionForks
250-295-6642

"Coming together is a beginning. Keeping together is progress. Working together is suc-cess."
--Henry Ford