

SCHOOL DISTRICT #58

FNSW Newsletter

— WELCOME —

BACK TO SCHOOL

Submissions from the following schools

Bench, Colletville, Diamond Vale, Merritt Central, Nicola Canford,

SCIDES, Kengard Learning Centre,

John Allison/Vermillion Forks, Princeton Secondary/The Bridge

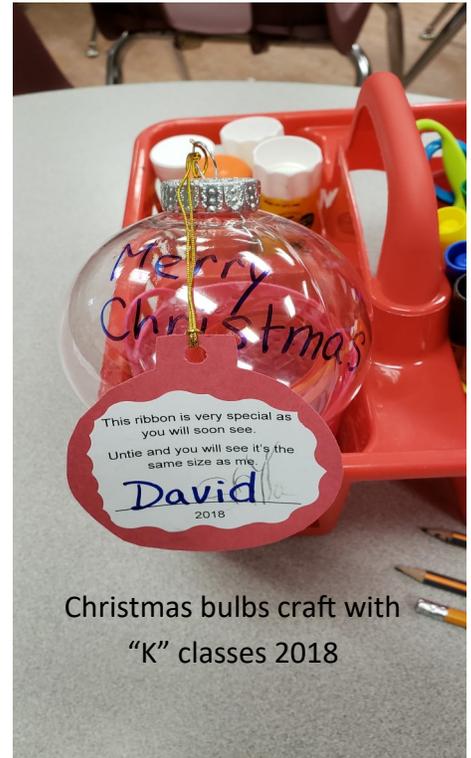


Merritt Central



January goal: Gr. 3 class to make various salmon crafts; felt, weaving, mod podge & story "Dip net fishing with Dad"

*Before 2019,
Decide where you
want to be and don't
stop until you get
there!*



Christmas bulbs craft with
"K" classes 2018

When is the winter solstice in 2018? The shortest day.

The winter solstice occurs in December and in the Northern Hemisphere the date marks the 24 hour period with the ***fewest daylight hours*** of the year, which is why it is known as ***the shortest day and the longest night***. the days start getting longer and the nights and vernal equinox the day and night hours length, each lasting around 12 hours. The hours peaks at Summer Solstice.



After the shortest day, shorter. At the spring are around the same number of daylight

The word "solstice" comes from the Latin solstitium meaning "Sun stands still" because the apparent movement of the Sun's path north or south stops before changing direction.



Merritt Central



How many differences can you spot?

Info. from Celebrating Indigenous Peoples in Canada: Learning and activity guide page.



Medicine from nature

For thousands of years there was a natural system of medicine in our land. It was the first inhabitants who perfected that system based on their knowledge of trees and plants.

The valuable knowledge we had of plants and natural medicines enabled us to cure many illnesses. Did you know that it was First Nations people who cured the scurvy of the first Europeans to arrive here? The First Nations knew that this illness was not an infection, but the result of poor nutrition (a shortage of vitamin C in the diet).

The sarsaparilla plant, well known to the Algonquin people, has amazing properties. It nourishes and purifies the blood and strengthens the whole body. It can also be used to treat rheumatism and skin diseases.

Indigenous peoples also used witch hazel for its beneficial effects on the skin. We now find this plant used in a number of products such as creams, soaps and aftershave lotions.

The fir, pine and spruce trees that you are familiar with were used against coughs and to clear out the respiratory passages.

Indigenous peoples also made a powder from sphagnum moss to soothe skin irritations, especially the ones babies are prone to. This powder can still be found in pharmacies today; it is used to dry out wounds.

There are many other medicinal resources in nature that have not been mentioned here.

The next best thing to being wise oneself is to live in a circle of those who are.

By C.S. Lewis

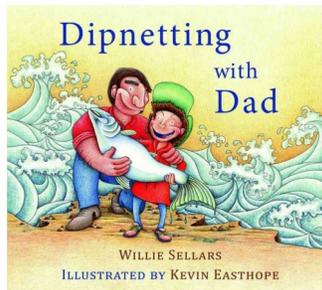
Dates to Remember

- Jan. 21 Martin Luther King Jr. Day (full moon)
- Jan 17 Culture camp Study Session #1 @ HOH
- Jan. 25 First Nations Student Drumming Celebration @ NVIT
- Jan. 30 Let's Talk about Trauma workshop
- Jan. 31 FNSW meeting
- Feb. 18 Family Day
- Feb. 20 Basketball Tournament
- Feb. 22 Pro-D Day
- Feb. 27 Pink Shirt Day (assembly)
- March 1 Report Cards go home



Kindergarten student support, 2019 by big buddy & Ms. Brown

Merritt Central
(250) 378—9931

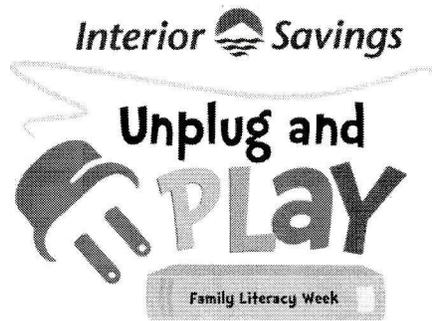


Book borrowed and read to gr. 3 students—2019



Don Loewen does Leather craft with MC students 2019





January 19th to 25th, 2019

Saturday, January 19th

2PM - FREE Family Movie - Norm of the North: Keys to the Kingdom. Merritt Civic Centre

Sunday, January 20th

1-3PM - FREE Superhero Swim. NV Aquatic Centre - Dress up as your favorite Superhero for an afternoon of fun.

6PM - Cents Home Game - Regular Admission. Bring a new or gently used book to donate to the Bright Red Bookshelves. Join in the intermission fun and enter to win a family literacy gift basket.

Monday, January 21st

9:30-11:30AM - FREE Healthy Beginnings - 0-6 with caregiver. Play, songs, crafts & snack.

6:15-7:15 pm - FREE Public Skating. NV Memorial Arena. Helmets recommended.

Tuesday, January 22nd

10AM-Noon - FREE Success by 6 Swim - 0-6 yrs with caregiver. NV Aquatic Centre.

Wednesday, January 23rd

10-10:30AM - FREE Wee Reads - 0-5 yrs with caregiver. Merritt Library. Stories, songs & fun.

6-7:30PM - FREE Family Games Night - Merritt Library. Fun and games for all ages.

Friday, January 25th

6PM - FREE Family Magic Show - Civic Centre. Children of all ages will be entertained by Ali K. Zam's international award winning act. Doors open at 6PM, show starts at 6:30. Pre-show activity centre.

BOOK DRIVE

Support literacy in the Nicola Valley by donating your new or gently used books to the Bright Red Bookshelf program. Bring a book to the Cents home game Sunday, January 20th, any literacy week event, Interior Savings or the Community Policing Office.

FREE BOOKS!

Pick a book you think is fun,
Take it home until you're done,
Bring it back when you are through,
So someone else can enjoy it too!

BRIGHT RED BOOKSHELF LOCATIONS:

Bob's Mini Mart, Brambles Bakery, Central Park, Coldwater Band Office, Civic Centre, Coldwater School, Community Gardens at NVGH & CPO, Community Policing Office, Fairley Park, Interior Savings, Juniper House, Lower Nicola Indian Band Family Centre, Office & School, Ministry of Children & Families, NV & District Food bank, NV Advocacy Centre, NV Aquatic Centre, NVGH, NVIT, NV Memorial Arena, Nk'wala Headstart, Nk'wala School, Nooaitch Band Play Group, Public Health Unit at NVGH, Rotary Park, Scw'exmx Child & Family Services, Shackan Band, SCIDES, Strong Start at Central, Diamond Vale & Nicola Canford, Work BC.



**LITERACY MERRITT
& NICOLA VALLEY**

**For more information:
Literacy Merritt & Nicola Valley Society**
E. literacymerritt@gmail.com
P. 250.378.7844
F. literacymerritt.com

Nicola Canford Elementary



WINTER SOLSTICE ROUND DANCE AND CELEBRATION

FNSW NEWSLETTER JANUARY 2019

Winter Solstice Dance

On December 21st the shortest day of the year when the sun is the farthest from the earth, Nicola Canford had a Celebration.

To begin our day, we had Norma Hall and Rosemarie Higginbottom make bannock for the whole school. Each classroom came out to the common area on the intermediate side to watch bannock being made. Norma and Rosemarie talked about the history of bannock and explained how it was made. Each class left with their bin of bannock to share in their classroom.

Right after lunch we gathered in the school field out the back and we led by Carl McLeod, Kerry Eisner and Kim Harry with the round dance and the owl dance.

This year we didn't have the snow but we had the cold wind. But it was still a very enjoyable day.

In the cold we showed our unity as a school in celebration of the Winter Solstice along with guests of parents, grandparents and friends and elders, which we feel honored to have their presence amongst us.

When we were done, we all went into the gymnasium and shared Indian ice cream made by Norma and Rosemarie.



Honored Guest Dance Leaders

Carl McLeod, Kerry Eisner, Kim Harry, were wonderful dance instructors the week before to teach the whole school by individual classrooms.



Learning how to make Bannock

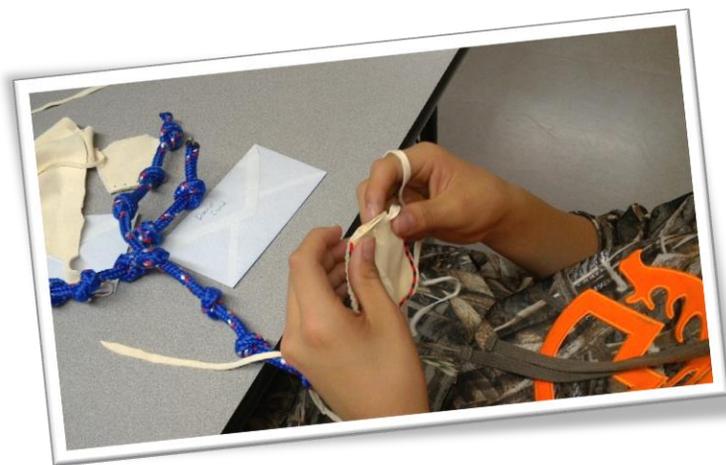
Norma Hall and Rosemarie Higginbottom were so connected with each classroom brought to them to explain the history and the ingredients and technique of how to make bannock.

CHRISTMAS CONCERT

The theme was Christmas Around the World. We had a group called the Drum and Dance group showcasing First Nations in the country of Canada. The group did the Berry Picking dance. The number of dancers were the largest ever represented in this dance. Cheryl McLeod Jr was instrumental in assisting with the dance.

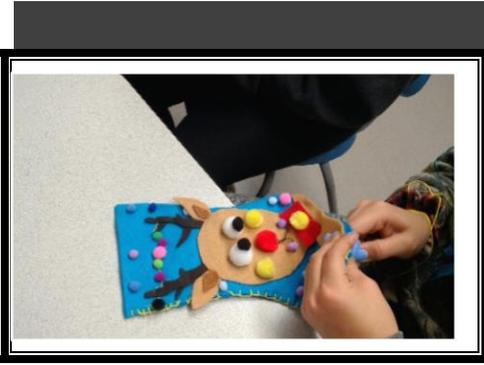


Work
hard
AND be
nice to
people.



Sewing a medicine bag - learning the virtues of patience

The rope with the knots was a lesson learned in Nt̓eʔkepmxcin class. Historically that was how our People used to keep track of a period of time. The students learned how to say the days of the week in Nt̓eʔkepmxcin and used the rope as a guide and a reminder.



Christmas stockings

Nlekepmxcin classes made stockings from felt and also learned a set of winter terms associated to the season.

Learning about snow in Nlekepmxcin

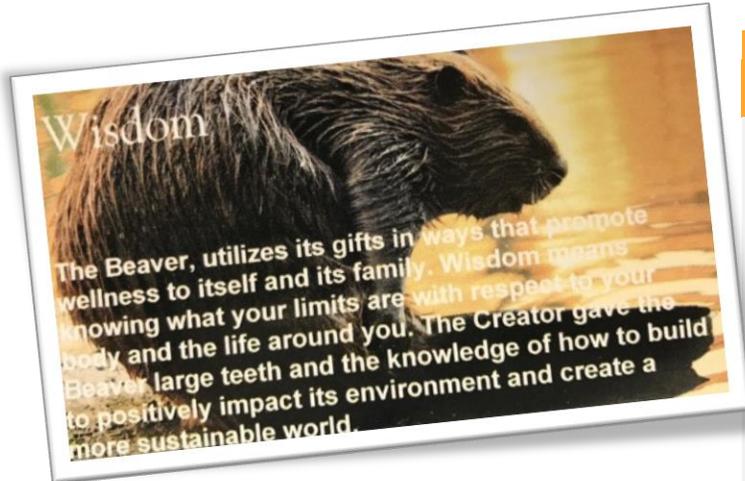
The students learned more about snow and the history of the First Nations Peoples survival during this season. They have learned the words in Nlekepmxcin for snow, cold, wind and ice.

Ms. McIvor had the students write what they liked about swúx^wt what they didn't like about swúx^wt.

When the students were done filling out their forms and coloring it each sheet was pinned onto the bulletin board and it looked like a homemade quilt.



Quilt made from snowflakes



7 Character teachings, this month it is the Beaver (Íqúpe?)

BEAVER – WISDOM, HARD WORK, BUILDING COMMUNITY AND SELF

- To see what is good and right to build community
- Participate and use your strengths.
- Using your knowledge to build a strong sustainable community
- Helping others
- “Work hard”

VERMILION FORKS & JOHN ALLISON ELEMENTARY

JANUARY 2019 NEWSLETTER



Cultural Field Trip

Metis Flag Raised for Louis Riel Day.

November 16, 2018, BC recognizes Louis Riel Day. The Vermilion Forks Metis Association approached Princeton's town council this year to inquire if the Metis Flag could be raised. This was a great opportunity for the students of the schools to witness and be involved in this event. Following the VFMA served cake and refreshments to all attendees.



Vermilion Forks Metis Office Bannock, Crafts, Jigging & Making Music with Spoons



VFE students had the opportunity to visit the VFMA office. Members of the Metis were there to show them an afternoon of fun. With music playing in the background, which enticed students to jig and try out playing the spoons. Bannock was given to each student as they left to board the bus.

Elders Presence Willard & Oly

Oly continues to come weekly for the Girls Drum Group. The group sang the Welcome song at the Christmas concert.



It was a pleasure to have Willard join the girls drum group for their weekly practice.



ME 2 WE PROGRAM & VFE STUDENTS

The Me 2 We students were involved in an entrepreneurial project creating Indigenous Rosehip Necklaces to raise funds to support We Villages' projects. The main two areas students identified as most important to them are the pillars of education and opportunity (self-sustainment, women's rights and financial empowerment) in Third World countries.



The first step for the Me 2 We students was to go out and pick rosehips. They all had the opportunity to go into the Wood Work shop to cut the deer antlers into strips and a hole put into it. The rosehips were dried, beads and leather were added to make different designs. Once this process was complete the next step was to assemble the necklaces. Every necklace was uniquely made by each student.

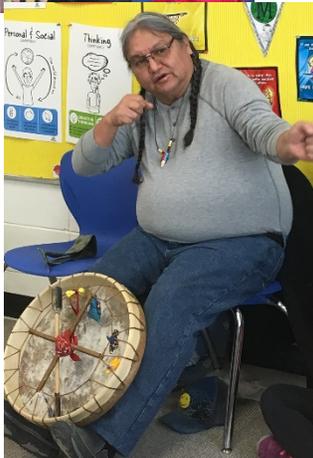


Princeton's Christmas craft fair was the venue where most of the sales were made. Each necklace was sold for \$10 and total profit was \$700. The organization matched this donation. \$1400 was sent on behalf of VFE Me 2 We students!



These Grade 2 students were excited to hear we received a Salmon tank. Alfred Snow, the Fish in Schools Coordinator contacted us to inquire if we were still interested in the program. YES! Alfred came to the school and set up a brand-new tank. We want to be sure the tank is running smoothly before the salmon fry arrive in February. The two classes will learn all there is to know about the life cycle of Salmon. When it comes time to release the salmon, the students will attend a great celebration for this event!

The students at JAE enjoyed having Willard come and drum, sing, dance and tell stories.





PRINCETON SECONDARY

FIRST NATION NEWSLETTER

Winter2018/19

Dates to Remember:

Jan. 17– Culture Camp Study Session: House of Honour

Jan. 24— Student I Day

Jan.25– 4th Annual Student Hand Drumming Event: Merritt

Jan. 28– First day of new semester

Feb.14– Youth Voice Conference: Merritt Civic Centre

Feb. 18– Parent Europe 2020 Trip Meeting @ 6:00

Feb.28-Mar.1-Experience NVIT (info on next page)

March14– Awakening of the Canoes: Merritt

April 11– Honouring our Elders: Nicola Canford

Apr.25– Culture Camp Study Session: House of Honour

May 22– Annual Student Pow Wow: Shulus Arbor

June 6– First Nation Graduation: Merritt Civic Centre

June 21– National Aboriginal Day Celebration:

Veteran’s Square

Weekly Events

Monday: Smudge– 10:45am

Tuesday: Hand Drumming– 12:15pm

Friday: Student Council– 10:05am

With the semester coming to an end very soon, our student success depends on great Study Skills. All students have the ability to finish strong on their final exams and assignments.

There is also Homework Club (and tutoring) available for an hour afterschool for students, by their own request or their caregiver’s.

Study Skills

- Pay **attention** in class.
- Take **good** notes.
- Keep an **organized** notebook for each subject.
- Know the purpose of each assignment.
- Ask questions **in** class.
- **Review! Review! Review!**
It can help you retain 80% of the information.
- Plan a **definite** time and place for studying each day.
- Study for awhile and take short breaks.
- **Don't cram** for hours the night before a test.
Study a little bit each day.

• Think Positive...Do your best!

When you enter this classroom

You are brave.

You are a friend.

You are a creator.

You are an explorer.

You are important.

You are a leader.

You can change the world.



DEADLINE: JANUARY 15TH

#experienceNVIT



**Experience NVIT Thursday, February 28 to Friday, March 1, 2019
Nicola Valley Institute of Technology
Merritt, BC**

Wondering what it is like to be an NVIT student? You are invited to join us for a 24 hour event! Fill out a registration form today!

You will have the opportunity to:

- Tour our campus
- Meet current NVIT students
- Attend in-class lectures
- Experience fun, educational, traditional and cultural activities

Discuss programs, career aspirations and academic life with NVIT faculty

REGISTER NOW

<http://www.nvit.ca/experiencenvit.htm>

Kukwstumúlhkacw (Thank you) St'at'imc Nation

Naomi Narcisse, Recruiting & Events Officer
NICOLA VALLEY INSTITUTE OF TECHNOLOGY
200-4355 Mathissi Pl. Burnaby BC V5G 4S8
Office: 604-602-3410 | Fax: 604-602-3400
E-mail: nnarcisse@nvit.bc.ca

Sharing Knowledge - Preparing Leaders

NVIT Merritt Campus is host to many post-secondary introductory courses which transfer easily to continuing programs at other institutions. It is a beautiful campus, hosting many cultural events and gatherings., as well as this AMAZING SCHOLARSHIP OPPORTUNITY:

- First year tuition bursary being offered (worth \$2522)
 - Available to district grads (not adults who have returned)
 - Must register by July 31st
 - Courses must be initiated by March 2019
 - Not deferrable
 - Minimum 60% course load must be taken

NVIT has committed this offer for grads immediately entering from SD58 for 2018, 2019 and 2020.

Rosehip & Antler Jewelry



Remembrance Day

Christmas



4th Annual STUDENT HAND DRUMMING CELEBRATION

Date: January 25th, 2019
Place: NVIT Gymnasium
Time: 11:00am-2:00pm

Open to all SD#58 students, and community members
Parents Welcome, bring your drums!
Lunch will be provided

For more information please contact
Shelley Oppenheim-Lacerte at 250-315-1111
or your school First Nation Support Worker



PosterMyWall.com
Stock Graphic



Our SD58 Pow Staff (above) is carried in during the Grand Entry, distinguishing our school community from other bands and associations. This is the first year Princeton school will share the responsibility of being a co-host school for our Annual SD58 Student Pow Wow. The Bridge Alternate School has this honour, and we are all excit-

FNSW's Schedule

Monday 10:00-4:00

Tuesday, Wednesday,
Thursday 11:00-4:00

Tuesday afternoons at The
Bridge

Friday 11:00-3:00

Homework club 3:05-4:00
Monday-Thursday

PSS/Bridge FNSW Renee Hartwell

250-295-3218,

rhartwell@365.sd58.bc.ca

ONGOING SERVICES

Cultural events in the Nicola/Similkameen area

Homework Club (all welcome!) Mon-Thurs. 3:05-4:00pm

Lunch- FNSW Room open to eat, hang out and work on Arts and Crafts

Academic Support available in class and in FNSW room

Tutoring (requests encouraged, funding available for students with Aboriginal ancestry)

Social/Emotional Support

Connecting with students, parents/caregivers, teachers, counselors,

Local Band Members and District FNSWs

Post -Secondary Resources/ First Nation Bursary and Scholarship Applications

First Nations Book Sign-out

Field Trips and workshops

Status Application Support

*Those students of First Nations descent who have not yet informed
the school and would like have access to the
Programs and Services are encouraged to contact the office.*



Merritt Secondary School

To inspire and empower one another to lead purposeful lives. We will passionately and respectfully engage one another to recognize and reach our individual potential.

FNSW 2018-2019

Keith Jager kjager@365.sd58.bc.ca
Dawn Williams dwilliams@365.sd58.bc.ca
Trish Rainville trainville@365.sd58.bc.ca
Rod Anderson randerson@365.sd58.bc.ca

Principal Leroy Slanzi
Islanzi@365.sd58.bc.ca

250-378-5131

Recent Events....

- **Coldwater Band's Traditional Ecological Knowledge and Traditional Indigenous Knowledge Event**– Students attended Coldwater Band's event in November. Much information was shared about ways of preserving cultural land based practices and its importance.
- **Remembrance Day Assembly**– Aboriginal Veterans Richard Jackson and John Isaac joined us to share their story, drum an honour song and even perform the 'Last Post' live.
- **Echoes of the Land Drum Group**– Students have been practicing a variety of songs with Elders Willard Wallace and Esther Shakelly.
- **Muay Thai with Melissa Moses**
- **Joyful Literacy**– Select Aboriginal students helped with the district initiative Joyful Literacy to engage young learners in literacy games in the Learning Commons
- **Culture Camp**– Jan. 17 Theme: Truth and Reconciliation. Hosted by the Aboriginal Program in the House of Honour at MSS.
- **Winter Solstice Celebration Dec. 21**– Scw'exmx Child Family Services staff members Robin Humphries and Monty Joseph hosted a Solstice Celebration with FNSW in the Welcome Room. Students enjoyed storytelling, cookies and tea and some very entertaining company!
- **MSS Talent Show**– Echoes of the Land Drum Group Leader Verna C. performed a hand drumming song! Way to go Verna!!
- **Grade Seven Transition Day**– Visit included meeting FNSWs, school tour and time in the House of Honour.



Upcoming Events @ MSS:

Jan. 25 Student Hand Drumming Celebration, NVIT,
11am-2, Lunch Provided.

Open to community, parents

Jan. 28 Semester two starts

Feb. 2 Report cards go home

Feb. 14 Youth Voices Conference
(see attached poster)

Ongoing:

- Muay Thai at lunch, Tues and Thurs., girls only
- Muay Thai after school Tues and Thurs., co-ed
- Weightlifting with FNSW Rod A.
Mon, Wed and Fridays at lunch



Guys Group @ Scw'exmx

**Contact Robin for more info:
250-378-2771**

**FNSW Keith Jager:
250-378-5131**



Girls Group @ Scw'exmx

Contact Jackie Merritt for more in-
fo: 250-378-2771

Upcoming Events:

Jan. 22 Spa Night @ MSS

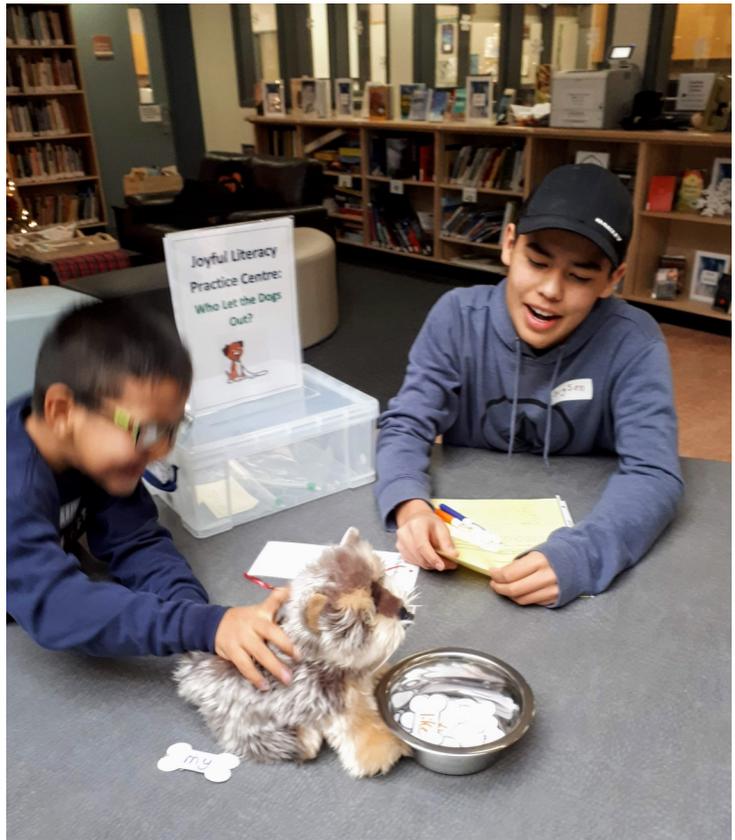
Feb. 12 Gifts of Friendship
meet @ Scw'exmx

Feb. 22 Tubing @ Harper Mtn.

If we keep everything in
balance, we are in harmony with ourselves and are at peace.

- Fools Crow *Lakota*

JOYFUL LITERACY EVENT



MSS students worked with Central students at different game centers that had a literacy focus. MSS aboriginal students pictured clockwise: Atorian Shuter, Brysen Pinyen, Eric Peterson, Raven Aljam and Kieran McGarry.





GIRLS' GROUP
SPA NIGHT

January **22nd @ MSS**

- Personal Goal Setting**
- Mini Makeovers:**
(hair, nails, make-up)
- Bath Bomb and Sugar Scrub Making**

3:30-6:30 @ MSS'
House of Honour

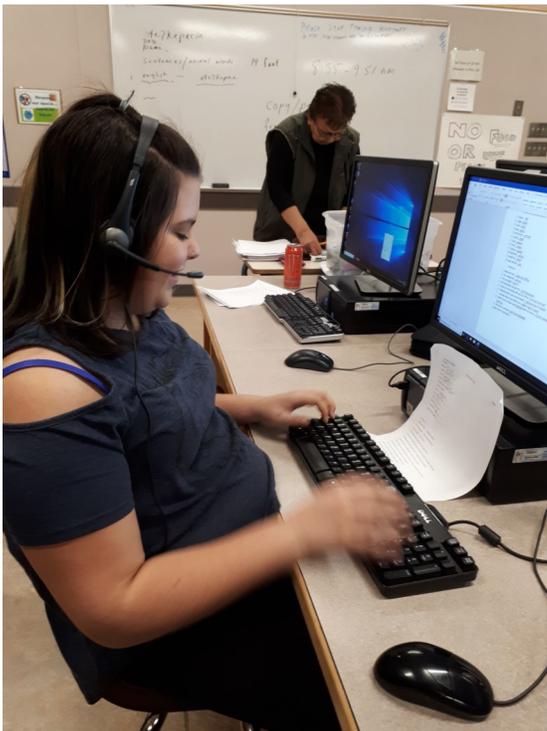
MORE INFORMATION

Jackie Merritt
Scw'exmx Child and Family
250-378-2771
youthworker@scwexmx.com
Rides Available



Muay Thai at MSS

Melissa Moses from LNIB is teaching students Muay Thai and self-defense moves in the weight room. Students pictured: Lily Russell and Sunshine O'Donovan.



MSS Students Learn their Language

Nle?kepmxcin student Megan Beckett works on her language project by using the language program provided by Citxw Nle?kepmx Assembly (CNA). Instructor Joan Shakelly can be seen in the background.

Grade Seven Transition Day

FNSW Keith Jager talks to grade sevens in the House of Honour from various schools about becoming a MSS student.



SD 58 ABORIGINAL PROGRAM & MSS
P R E S E N T S

ABORIGINAL YOUTH VOICE CONFERENCE

FEBRUARY
14TH
9:30-2:00

ABORIGINAL SPEAKERS/WORKSHOPS
KEYNOTE SPEAKER- THUNDERSKY!

RAFFLE PRIZES | LUNCH PROVIDED

FOR MORE INFORMATION AND
TO REGISTER SEE YOUR FNSW
FOR GRADES 7-12



Coldwater Band's TEK/TIK Day

- Drumming from the opening– Paul and Len Joe
- Blanketing of Percy Joe to honour his achievements and recognition of service. He is being gifted a flute made by Opie Oppenheim.
- Len Joe addressed the crowd to discuss traditional ways of knowing and current practices that are working to protect the environment and cultural practices.

ÉCOLE COLLETTVILLE ELEMENTAIRE

'Nous sommes la meilleure école du monde'

WINTER NEWSLETTER

CARNAVAL WEEK 2019

Tacots Competition Friday, Feb 1st.

(mini soap box racers)

The Tacots competition is one of the most popular events of our Carnival week. Every year at Quebec's Carnaval, participants build and race non-motorized vehicles. At Colletville we included this in our activities but on a much smaller scale.

Entries will be open to students in grade 1, 3, 5 and 7 only. This means that your child will be eligible to participate every second year. If two siblings or friends work together on a tacot and one of the two is in an eligible grade, then they may enter. Each eligible student is only allowed one entry.

Students do not have to participate but are encouraged to do so. Students can receive help from adults as long as it is a team project (students play a significant role in the making of the tacot). For your information, all tacots should be hand made. The launch ramp is 36 cm wide. If the base of your tacot exceeds this width, launching will be difficult. Rules can be found in the latest Colletville newsletter that was sent home.

Some of the different categories in which the tacots may earn honorable mentions are 'greatest distance travelled', 'prettiest', 'craziest path', and 'best crash', 'toughest', and most environmentally friendly' to name a few.

Tacots will be raced and viewed Friday, Feb. 1, at 1:00pm in the gym.

Parents are welcome to come watch the excitement!



**HAPPY NEW
YEAR
2019**



January

17th PAC meeting 6:30 library

21st Parent Night

22nd Div's 8 & 9 to MSS

23rd Come Read with Me in the library

28th-1st Carnival Week

Be sure to watch for the Carnival schedule, activities include:

Skating

Sledding

Pancake Luncheon

Tacot Races

February 28th Pink Shirt Day

**"Play
is the
highest
form of
research."**

Albert Einstein



Memory Bags with Ms. Zbinden's & Ms. Fosberry's grade 3/4 classes. The children had a great time, and choose some neat items to carry in them.



Ms. Fosberry assisting Kayden, and Linden working hard to get done.



On Wednesday, February 28



WEAR PINK
and show you stand up to bullying

Students **MUST** wear a helmet for the **skating** and **sledding** activities, please be sure to label all personal items so that they can be returned to you.



Colletville Elementary Kindergarten Registration is open beginning February 6th.

- We will have limited seats available (as many as we can take)
- There will be a lottery system for all registrations that are received within the enrolment window
- French Immersion Registration will take place before regular Registration
- Siblings get automatic entry (if they register within the Registration Window)



First Nation Support Worker for
Colletville Elementary

Crystal McMaster

cmcmaster@365.sd58.bc.ca

Mindset

Kids with a **growth mindset** believe their abilities can improve over time. By comparison, kids with a **fixed mindset** think their abilities are a set trait that can't change, no matter how hard they try. ... It can help *kids* (and parents) reframe how they approach challenges. Below are some ideas to help children reframe their belief in their learning ability.

REACH FOR THE STARS!

CHANGE YOUR MIND, CHANGE YOUR MINDSET



Instead of thinking...
I'M NOT GOOD AT THIS.



Try thinking...
WHAT AM I MISSING?



Instead of thinking...
THIS IS TOO HARD.



Try thinking...
THIS MAY TAKE
SOME TIME.



Instead of thinking...
I GIVE UP.



Try thinking...
I'LL USE A DIFFERENT
STRATEGY.



Instead of thinking...
I MADE A MISTAKE.



Try thinking...
MISTAKES HELP
ME LEARN.



Instead of thinking...
IT'S GOOD ENOUGH.



Try thinking...
IS THIS REALLY MY
BEST WORK?



Instead of thinking...
I WILL NEVER BE
THAT SMART.



Try thinking...
I WILL LEARN HOW
TO DO THIS.



Instead of thinking...
I CAN'T MAKE THIS BETTER.



Try thinking...
I CAN ALWAYS IMPROVE.

CITXW NLAKA'PAMUX ASSEMBLY



Gathering *Our* Voices

We are taking applications for Youth ages 14-18 from the 8 CNA Communities to attend GOV 2019 in Port Alberni!

Deadline for Applications: February 8th, 2019
Notifications of who is going will be sent out February 28th, 2019

From March 19-22, 2019 GOV will bring together more than 1000 Indigenous youth delegates as well as chaperones, Elders, speakers, guests, entertainment, staff and volunteers to Port Alberni, BC. Young people from all across Canada are invited to join us to explore, to learn and to engage with culture among peers. We will be bringing 3 Youth from each of the 8 Communities.

MARCH 19-22, 2019
PORT ALBERNI, B.C.

**FOR MORE INFORMATION OR THE
APPLICATION FORM PLEASE CONTACT
THE C.N.A. OFFICE AT 250-378-1864 OR
EMAIL AT RECEPTION@CNA-TRUST.CA**

MÉTIS YOUTH EVENT

AGES 15 - 30

MEDICINE BAGS

ARCHERY

BANNOCK



REGIONS

On behalf of Métis Youth British Columbia (MYBC), we would like to formally invite you to attend a Métis Cultural Youth Event on Saturday March 9th in Kelowna, on the traditional territory of the Syilx Nation. This event is open to Métis youth ages 15-30 who have their Métis citizenship or who self identify as Métis.

This event was created for Métis Youth in the Thompson/Okanagan to connect with their culture while bonding with other youth. We have an exciting event hosted by the Thompson/Okanagan Métis Youth Representatives including Archery with ISPARC, followed by a Medicine Bag workshop.

Lunch and refreshments will be provided by Kekuli Café for those who RSVP.

Youth travel supports are available upon request.

Citxw Nlaka'pamux Assembly



Career Fair

April 4th, 2019

Merritt Civic Centre

COME DRESSED FOR SUCCESS WITH RESUME IN HAND!

9:00 AM – 4:00 PM

For further information please contact:

Nicole Johnny

email: njohnny@cna-trust.ca

250-378-1864



District Principal of Aboriginal Education

Shelley Oppenheim-Lacerte

(W) 250 – 315 – 1111 so-lacerte@365.sd58.bc.ca



Merritt Secondary School: 250 – 378 - 5131

Trish Rainville gr. 8; Rod Anderson gr. 9; & Dawn

Williams gr. 11 Pics. to follow...



Keith Jager gr. 10 MSS



Yvonne Joe NC
250-378-2172



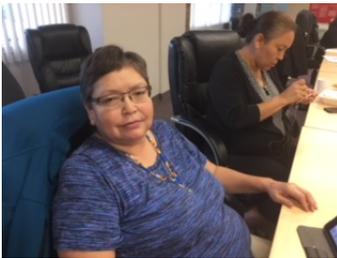
Christine Anderson
250-378-2514



KLC/ Bench



Renee Hartwell PSS
250-295-3218



Martha Chillihtzia
Merritt Central
250-378-9931



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Elementary Leona

Dumont

25--378-2157



Barb Parker
John Allison
250-295-6727
VermillionForks
250-295-6642



Greta Brown
Merritt Central
250-378-9931



Crystal
McMaster
Colletville
(250) 378 - 2230

"Coming together is a beginning. Keeping together is progress. Working together is suc-cess."
--Henry Ford

